

Georgie Porgie

Georgie Porgie, puddin' and pie,
Make kissing sounds
Kissed the girls and made them cry.
Rub fists over eyes
When the boys came out to play,
Put thumbs in ears and wiggle fingers
Georgie Porgie ran away.
*Make your index and middle finger run over you
other hand.*

Footprint Painting

There is no time like the summer to do a fun, and messy activity like walking through paint. An inexpensive and easy way to allow children to have this experience: buy a long, vinyl tablecloth (a solid color is best). Place a large puddle of paint, which contrasts well with the color of the tablecloth at the edge of cloth on some old cardboard or a large plastic bin lid. On the other end of the tablecloth you could have a shallow bin of water to wash feet and another sheet of cardboard with another color of paint.

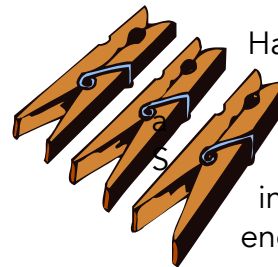


Wheelbarrow Walking

Here is a fun and timeless activity that is actually "educational". The pressure put on the hands builds strength and endurance needed for writing.

Have your child lay on their stomach and then push their chest and shoulders up by straightening their arms. The adult or older child grabs the child ankles. The child moves forward by "walking" on their hands.

Another great activity for the summer is hanging clothes (or any item of interest) with clothespins.



Hang a small line at the child's shoulder level and provide container of clothespins.

Squeezing clothespins also increases strength and endurance of little hands.

Corn Cob Paintings

Aaah! What is more delicious than a fresh piece of sweet, juicy corn in the summer? Rather than tossing those empty corn cobs, wash them in mild soap and leave in the sun to dry. After the cobs are dry, kids can roll them in paint and make eye-catching paintings with this rhythmic pattern.

