

The Hokey Pokey

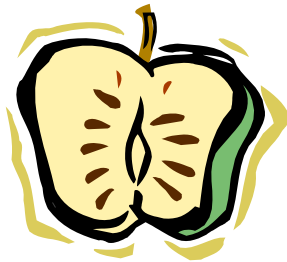


You put your one foot in,
You put your one foot out,
You put your one foot in
And you shake it all about.
You do the hokey-pokey,
And you turn yourself around.
That's what its all about.

Use a large hula hoop to put your foot in. Make up other versus using different body parts. "Your put your two feet in, You put your one hand in, You put your head in, You put your whole self in...."

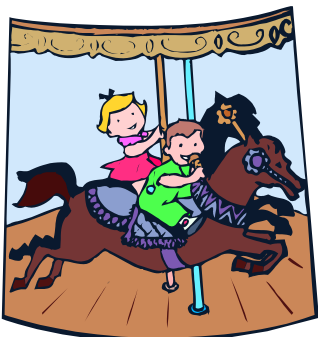
Count the Apple Seeds

Before you cut an apple, have your children try to guess how many seeds will be inside. Write down each child's guess and count how many seeds were in the apple. How close were they? The next day, with another apple, repeat the process. Compare your results. Were there more, less, or the same amount of seeds in the two apples?

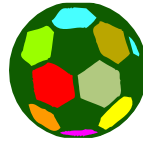


Merry-Go-Rounds

Spread cream cheese or peanut butter on cored apple slices. Or let your toddler try spreading it herself with a plastic butter knife. Now she can stand 3-4 animal cookies around the ring to make a merry-go-round.



The Best Toy....A Ball



A ball is such a versatile toy that has the magic of keeping your child's attention over their lifetime.

- Practice pushing the ball back and forth to each other.
- Around the age of 2 children learn to kick. Practice kicking the ball.
- Roll the ball down a slope, such as a small slide.
- Roll the ball through a tunnel—such as a cardboard box with 2 ends open.
- Set a ball on a small blanket and watch the ball bounce up and down on the blanket as you raise and lower the blanket.
- What else can you and your child think up?

Scrubbing the Floors & Driving the Bus

It's time to wash the kitchen floor. Let your toddler help remove the chair from the kitchen. He can push



the chairs and you can arrange them in a line to create a bus (or an airplane, or train) A plastic plate makes a great steering wheel. Your toddler can get some of his stuffed animals to go for a ride. If you give

him a small amount of water and a sponge of his own, he can help clean the "bus seats" before they are returned to the kitchen. He gets to play; you get to finish scrubbing the floor.

