



Here Are My Eyes

Here are my eyes (*point to eyes*)
One and two. (*point to each eye*)
I can wink (*wink*)
So can you. (*point to your child*)

When my eyes are open, (*open eyes wide*)
I see the light.
When they are closed, (*close eyes*)
It's dark as night

Finger Puppets

As children pull puppets onto their fingers and wiggle puppet characters into action, tiny muscles in the hand get a fine motor fitness workout. Finger puppet play supports creativity and language development as children create a lively story with their little characters.

Materials need to make finger pup-

pets:

Felt

Fabric scraps, ribbons, buttons

Colored paper, scissors, glue

Thread and needle

A very simple finger puppet can be made from a small rectangle of felt rolled and taped to fit a child's finger. For those of you that don't mind sewing, cut two thinner rectangles and sew from left to right in an upside-down "u" shape.

Decorate the puppet with scraps of fabric, ribbons, buttons, paper, etc.

Of course, the easiest finger puppets to make are those that are drawn with ink on the pads of the fingers. Any time you are in a pinch to entertain your child with very little else around, make up a



String Painting

You will need some
string, cut 18" long.
Paper
Tempera paint



Fold paper in half.
Squeeze paint colors
onto a plastic or paper
plate. Dip a string in
some paint and place on one half of the paper.
Close the paper onto the paint-dipped string.
Open the paper and remove the string.
You can do this over with the same string and
color or use different string dipped in different
colors.

Holding the string in-between the fingers
requires children to use their "pincer" grasp and
strengthens their fingers. Strong fingers are
needed for writing.

Copy Me!

This is a GREAT activity to do
with your child.

Begin by copying what your child
is doing.

It won't take them long to catch
on....and for their movements to
become more animated.

This activity not only encourages children to
become more active, and gives them a "safe"
sense of power—you will get a great
workout yourself!

Of course, in *theory*, this game can also be
played with your child copying your
movements.